

**MODERN PENTATHLON
JUNIOR U19 & U17 NATIONAL RANKING COMPETITION #2
ZIELONA GÓRA-DRZONKÓW / POLAND**



INVITATION LETTER

Dear Friends,

The Polish Modern Pentathlon Association and the Local Organizing Committee - The Zielonogórski Sport Club Drzonków has the pleasure to invite a delegation of your National Federation or Club to participate in the Senior, Junior, U19 & U17 National Ranking Competition #1 that is going to be held in Zielona Góra - Drzonków on 07-09 February 2025, according to the following programme:

| | Senior & Junior | U19 & U17 |
|------------------------|----------------------------------|---|
| Friday 07.02.2025 | ●technical meeting | ●technical meeting ●fencing ranking round (U19 & U17) |
| Saturday 08.02.2025 | ●**men's & women's semi-final | ●obstacle discipline (U19 & U17) ●swimming (U19 & U17) |
| Sunday 09.02.2025 | ●men's & women's final | ●laser run (U17) ●laser run (U19) |

** If there is not enough athletes entries (over 18 for each gender) there will be a direct final (Saturday: Fencing Seeding Round & Direct Elimination, Obstacle, Swimming / Sunday: laser run)

Competition format:

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|---|--|
| <p>**Semi-final & final for:</p> <ul style="list-style-type: none"> ● Senior men/women ● Junior men/women <p><u>Athletes limits:</u> max 40 men & 40 women (the date of entry to the competition is decisive)</p> | <p>Direct final for:</p> <ul style="list-style-type: none"> ● Under 19 men/women ● Under 17 men/women <p><u>Athletes limits:</u> no limits</p> |
|---|--|

The Junior can be classified in several categories (example: junior can be classified in junior and senior). In the PMPA regulations, the junior category is U24. The organizer allows U24 athletes to take part in the competitions.

Organizers:

- ❑ Polish Modern Pentathlon Association
- ❑ Zielonogórski Sport Club Drzonków

Competition rules

The competition will be carried out according to the 2025 UIPM MODERN PENTATHLON Competition Rules and EQUIPMENT Regulations

Fencing:



- one tournament for U19&U17 - ranking round - 10 pistes
- one tournament for senior & junior - seeding round & direct elimination (senior & junior) - 10 pistes,

Obstacle discipline:



- indoor (UIPM certified obstacle course)
- course configuration for U19 & U17 for all participants (senior & junior too)
- 60-70m obstacle track length
- number of obstacles: 8

Swimming:



- 25m indoor swimming pool
- 4 lanes

Laser Run:



- shooting range: 18+2 precision laser targets
- running course: indoor (one lap = 150m / one round = 4x150m = 600m)
- handicap or handicap in groups

Accreditation Office & Venues

- The Technical Meeting, Accreditation Office and LOC Office, sports facilities, will be located in the WOSiR Drzonków

*WOSiR Drzonków , 66-004 Zielona Góra, ul. Drzonków-Olimpijska 20,
website WOSiR Drzonków: <http://www.drzonkow.pl>*

Financial

- Accreditation fee - **150 €**
- The accreditation fee entitles participants to have lunch packets and water/refreshments during the competition
- Delegations must pay an accreditation fee for each participant (athlete, coach or official) to the LOC.
- The total amount due to accreditation fee has to be paid in cash at the desk on arrival, where it will be given an Invoice
- If a bank transfer was made, please have a confirmation of the bank transfer

Accommodation suggestions

LOC does not mediate hotel reservations. The delegation must take care of the accommodation itself

- WOSiR Drzonków - Sports and Recreation Centre - www.drzonkow.pl
- If you want to be accommodated in WOSiR Drzonków, please contact WOSiR Office on the email address cok@drzonkow.pl . Use PENTATHLON in the message and subject line.
- BOOKING.COM - [link](#)

Deadlines - We accept only online forms (not e-mail registration)

Delegations are kindly reminded that the online registration system is obligatory. The online system will be open from **11 January 2025**.

Closing the registration - **03 February 2025**

Online registration system - <https://forms.gle/Vsb2NyxEDFRQSDx16>

Transport

LOC guarantees transportation from the Railway Station in Zielona Góra.

In special cases it is possible to transport from the Berlin/Poznań/Wrocław airports after prior notification and agreement of the financial conditions with the Organizer (LOC). The cost is 450€/bus (max 8 person) or 400€/car (max 3 person)/round trip



Sponsor Strategiczny
Polskiego Związku Pięcioboju Nowoczesnego

Athletes

According to UIPM Rules all members of attending delegations should insure themselves in case of accidental injury or illness. The organizer will not accept any responsibility financially or other, for any loss, injury or illness of any member of the delegation.

Contact to LOC

Zielonogórski Sport Club Drzonków
66-004 Zielona Góra, ul. Drzonków-Olimpijska 20
office phone +48 503 993 961
e-mail: pentathlonpl@gmail.com



Daniel Dalecki:
mobile phone/Whatsapp +48 606 245 994

We look forward to seeing you in Drzonków in 2024.

| | |
|--------------------------|------------------------------------|
| Name of the Bank: | PKO BANK POLSKI SA |
| Bank's address: | ul. Puławska 15, 02-515 Warszawa |
| Name of the Beneficiary: | Zielonogorski Klub Sportowy |
| SWIFT: | BPKOPLPW |
| IBAN (for EURO) | PL13 1020 5402 0000 0702 0527 4537 |

Best regards,

Daniel Dalecki



1 Sport 5 Disciplines



Jastrzębska
Spółka
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